# DEVELOPMENT OF A COST-ECONOMY TOOL TO **ASSIST AUTONOMOUS ADMINISTRATIONS TO** TACKLE DRM IN SPAIN

Improve healthcare quality and reduce NHS costs, creating awareness among decision-makers, health professionals,

patients and society in general about disease related malnutrition (DRM) and its associated costs in every health

field by changes in current clinical practice

Dr. Miguel León Sanz - SENPE President



	Description	n of the initiative					
ı	2012	2013	2014	2015	2016	2017	2018
	Launch of másnutridos	Creation of másnutridos	Spread the	ENGAGEMENT OF HEALTH PROFESSIONA		ALTH PROFESSIONALS (HP)	
l	project	regional network (37 representatives in 17 regions)	fight against DRM	Creation of Alliance másnutridos. Gathering 35% of HP	Growth of the Alliance 50% of HP	Adhesion of 6 new members reaching 60% of HP	Increase of the Alliance 75% of HP
					POLITICAL & INSTITUTIONAL INITIATIVES		
			Non	law Propostion (NI P)	Flahoration of DRM		Raise awareness to Her

on DRM in Baleares Aragon is elaborating a

document for the approach of DRM

document by the Ministry Canary Islands approved implementation of nutritional screening in hospitals

Patient's manifest signed by 26 organisms NLP on DRM in Galicia and Andalucia

Majesty the Queen Letizia

NLP on DRM in La Rioja and Murcia

Galicia includes measures to approach

DRM included in Pre-draft DRIM in hospitals' management contracts

law on healthy habits in Andalucia

#### INTERNATIONAL DISSEMINATION OF APPROACHING DRM AMONG PROFESSIONALS

ONCA (Optimal Nutrition Care Apprach) Madrid

International Nurse's Congress

#### STUDIES ON DRM (prevalence and cost-efficiency)

Predvces Study Dream +65 Study Creation of CIPA nutritional Prevalence DRM Dr. Peset Prevalence DRM Study Hospital (Valencia) screening tool in Canary in La Rioia region Islands

# Planned activities & deliverables

		WHAT	ACHIEVEMENT	
	June 2018	National cost –economy study	Support of the cost-economy evaluation providing needed data to the administration	ı
	June 2018	DRM Document of Ministry of Health	Official publication of the document and regional implementation	
	July 2018	Handbook about nutritional approach in care homes	Beginning of sociosanitary strategy	ľ
	Sept. 2018	Galicia's screening implementation included in KPIs hospital's	Change in nutritional clinical practice in hospitals imposed by the Government	ı
	Sept. 2018	Screening pharmacy plan	Increase awareness of malnutrition to patients	ı
	Sept. 2018	Handbook about nutritional approach in children	Approach DRM among children	ı
Nov. 2018		Andalucía's beginning of screening implementation	Change in nutritional clinical practice in care areas driven by the Government	
	2019	Disseminate the plan among professionals	Increase awareness among health professionals	ľ
	2019	Sociosanitary DRM strategy	Approach of DRM in sociosanitary field	ı

### **Resources & enablers**

Cost/economy Agency expert in national studies, to solve the necessity of measuring economic impact in order to prove Public administrations the cost of DRM in each region and the cost/effectiveness of nutritional screening,

evaluation and intervention .

- Study on cost-economy to create the tool needed by Public Administrations regarding the economic impact of the implementation of changes in clinical practice.
- The professionalism of the agency; our years of expertise with Public Administrations and their feedback about their needs as decision- makers; 2019 elections require a cost-effectiveness tool as a solution in electoral programs for the sustainability of the NHS.

## Results/outcomes & expected impact

- Implementation through the Ministry of Health of the document for the approach of DRM in NHS that needs the support of the cost/economy evaluation providing needed data for the administrations.
- This project will contribute to reach Zero DRM at NHS by changes in clinical practice to improve healthcare quality in
- There are no precedents in our country of a project on cost-effectiveness of nutritional intervention (screening-evaluation-treatment) involving a multidisciplinary platform engaging around 80% of healthcare professionals.

Totally. Will change National Health Strategy of Ministry of Health.
Completely. In fact, Spain health competences are transferred to Autonomous Communities and is being transferable at the 17 different regions. Also, is a pioneer project at ONCA.

