

ZERO MALNUTRITION IN THE NATIONAL HEALTH SYSTEM

Awareness among decision-makers, health professionals, patients and society in general about disease related malnutrition (DRM) and its associated costs in every health field

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DESCRIPTION OF THE INITIATIVE

2012

LAUNCH OF MÁSNUTRIDOS PROJECT

The Spanish society for Parenteral and Enteral Nutrition and Abbott Foundation created the másnutridos Project in order to **increase the knowledge about DRM and its costs** among politicians and Public Administrations, **based on studies evidence, pilots implementations and best practices, to reach a National Plan against Malnutrition.**

2013

LAUNCH OF MÁSNUTRIDOS REGIONAL NETWORK

The Project invited **38 SENPE's experts in regional working groups** to mirror Spain's Health System Organization at regional level. Thus, all regions have their own Representatives in order to expand the reach of the project among regional and local stakeholders

2014

LAUNCH OF THE WEBSITE

Creation of the website www.alianzamasnutridos.es as repository of Evidence, Best Practices, News, Tools & Resources to fight against malnutrition

2015

CREATION OF ALLIANCE MÁSNUTRIDOS

The Alliance includes the National Colleges of Nurses, Pharmacists, the largest Patients Associations Group, plus the main Medical Societies of Primary Care Physicians, Geriatricians, Endocrinologists, Oncologists and Pediatric Gastroenterologists. The goal is to involve all the stakeholders that could **stimulate the introduction of measures at the National Health System and guarantee a Multidisciplinary approach**

2016

TOWARDS ZERO MALNUTRITION IN THE NHS

Alliance másnutridos continues working in order to fight against DRM developing concrete plans to make health professionals aware of the problem in different fields

PLANNED ACTIVITIES & DELIVERABLES

- **Plan to continue improving the knowledge about the fight against DRM among the Public Administrations:** Meetings with institutional health and social authorities with regional and national governments and decision-makers in Parliaments.
- **Plan of awareness among professionals:** To continue presenting the Alliance másnutridos projects in scientific congresses to share the objectives, developments and advantages of the project whose main message is "Towards zero malnutrition in the NHS"
- **Plan to increase awareness of DRM in community:** Collaboration with the General Patients Alliance to develop a Declaration of endorsement against DRM and a training workshop for patients. Presented the media in press conference.
- Ongoing working groups to elaborate two new nutritional intervention Handbooks másnutridos related to **Recommended Nutritional Intervention in Pediatric and Geriatric fields.**
- Ongoing working group on **Nutritional Intervention Hospital Best Practices**

RESOURCES & ENABLERS

- Website with more than **7.000 visits** since its launch
- Development of Handbooks másnutridos:
 - **Nº0: Cost-Effectiveness of nutritional intervention**
 - **Nº1: Recommended Nutritional Screening Tools for Hospitals, Nursing Homes and Primary Care yards**
 - **Nº2: Recommended Nutritional Intervention to Reach Zero Malnutrition in our Hospitals settings**
 - **Nº3: Recommended Nutritional Intervention to reach Zero Malnutrition in Primary Care Centers**
- **Quarterly Newsletters** (16 publications) with high rates of reading statistics



SCOPE OF THE PROJECT

HOW WILL THE €30.000 BE USED?

- Protocol communication to patients at point of care
- Education and Communication about Malnutrition for Patient Associations
- Grants for Best in Class Malnutrition screening initiatives through SENPE
- Training initiatives within hospital wards and primary care

RESULTS/OUTCOMES & EXPECTED IMPACT

NATIONAL

- **Ministry of Health: Collaboration with the Ministry of Health elaborating a Document to approach DRM in the NHS,** pending of being discussed and approved by the Health Inter-territorial Council.
- **International: Host of the European workshop of ONCA (Optimal Nutrition Care for All) in Madrid with the participation of the Ministry of Health and the presence of more than 15 countries.**
- **Alliance: Consolidation of the Alliance with 12 Professional and Patients Associations that embrace more than 300.000 professionals and 30 patients associations**
- **Patients: 26 Scientific Associations endorsed to the Declaration of fight against DRM started up by patients**
- **Documentation: Publication of the Handbooks about nutritional approach in primary care and elaboration of the handbook related to cost-Effectiveness of nutritional intervention**
- **Website: Increase of 40% of visits to the website**

REGIONAL

- **Canarias: The Regional Government approved a document of consensus to approach hospital malnutrition in the Canarian Health Service,** and the CIPA screening method in the Hospital Nuestra Señora de Candelaria and its implementation in other public hospitals.
- **Castilla y Leon: Results of the pilots of the Hospitals of Leon and Valladolid that confirm the need of introducing nutritional screening tools.**
- **Catalonia: Approval of the Program of Attention to the complex chronic patient and introduction of the nutritional screening in the primary care electronic medical record.**
- **Extremadura: Results of the pilots of the Hospital Infanta Cristina of Badajoz and start nutritional screening at admission in the hospitals of Cáceres, Plasencia and Mérida.**

PILOTS IN HOSPITALS

- Some **nutritional screening pilot projects have been implemented** in different hospitals in Castilla y Leon, Extremadura, Andalusia, Madrid, Catalonia, Canary Islands..

NEXT STEPS: PROGRESS ON NEXT 24 MONTHS

- Get the approval of the Document to approach DRM in the NHS by the Inter-territorial Council of Spain
- Enlarge the Alliance with new Stakeholders (different Scientific Societies focusing on patients at risk of malnutrition)
- Include nutritional screening KPIs among hospital's priority objectives in management contracts
- Increase awareness among patients
- At an international level through the European campaign ONCA, to position Spain as leader in fighting against DRM by implementing plans to approach DRM and nutritional screening in the different health care areas in Europe