

VALUE OF NUTRITION ENGAGEMENT ALLIANCE IN SPAIN LED BY SENPE

To increase the awareness of DRM among Politicians and Public Administrations
To promote a National Action Plan against DRM and implement mandatory screening in all Care Settings
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BACKGROUND

2012

Launch of másnutridos Project

The Spanish society for Parenteral and Enteral Nutrition and Abbott Foundation created the másnutridos Project in order to **increase the knowledge about DRM and its costs** among politicians and Public Administrations, **based on studies evidence, pilots implementations and best practices, to reach a National Plan against Malnutrition.**

2013

Launch of másnutridos regional network

The Project invited **38 SENPE's experts in regional working groups** to mirror Spain's Health System Organization at regional level. Thus, all regions have their own Representatives in order to expand the reach of the project among regional and local stakeholders

2014

Launch of

www.alianzamasnutridos.com

Creation of the website

www.alianzamasnutridos.com as repository of Evidence, Best Practices, News, Tools & Resources to fight against malnutrition

2015

Creation of Alliance másnutridos

The Alliance includes the National Colleges of Nurses, Pharmacists, the largest Patients Associations Group, plus the main Medical Societies of Primary Care Physicians, Geriatricians, Endocrinologists and Pediatric Gastroenterologists. The goal is to involve all the agents that could **stimulate the introduction of measures at the National Health System and guarantee a Multidisciplinary approach**



2016

First results of Hospitals Pilot Projects

Availability of **first results of Pilot Projects** implemented in **Public Hospitals** of different regions, as **other initiatives** at National level **within the MOH**

MAJOR ACHIEVEMENTS

NATIONAL

1. Publication of a **Non Law Proposition** Against DRM at the **Senate**, and submission of a proposal at the **Congress**.
2. Elaboration of a **National Strategy Against DRM at the MOH**, pending to be discussed and approved at the National Inter-Regions Committee.
3. Creation and nomination of a **Nutrition Working Group at the MOH** with representation of Regional experts: **12 out of 17 experts** were nominated among the másnutridos Regional Network.
4. SENPE's experts invited to participate in the working groups of the **On-Going Disease National Strategies at the MOH**, to assure nutrition care is taken in account.
5. Participation of the MOH and Regional Administrations Representatives in the International meetings of Project ONCA in Brussels, Dubrovnik and Berlin.

The Alliance embraces 10 different Associations, Medical Societies and Professional Colleges, representing more than 300.000 HCPs and 30 Patients Associations.

REGIONAL

1. Hearings at Regional Parliaments and introduction of **Non Law Propositions** in Catalonia, Basque Country and Canary Islands.
2. Catalonia Regional Government have included mandatory **Malnutrition Screening and Nutritional Intervention within their Complex Chronic Patients Plan**.
3. Regional Government of Madrid made a **malnutrition prevalence study among elder in collaboration with Project másnutridos that has been published (DREAM+65)**
4. Regional Government of Canarias is **implementing universal screening at their Hospitals**
5. Regional Government of Aragón has **created a Malnutrition Working Committee in order to develop a Strategy plan based in the national one**.

PILOTS IN HOSPITALS

- **Numerous pilot projects** have been implemented in hospitals in Castilla y Leon, Extremadura, Andalusia, Madrid, Catalonia and Canary Islands..

ACTION PLAN



- **National and Regional Strategic Road Map** to drive and partner with Health Care Administrations the implementation of Nutritional Care initiatives in all Care settings.
- **One to one meetings** with more than **200 Institutional Health & Social Authorities** (among National and Regional Governments, as National and Regional Parliament representatives).
- **Annual Debate Forum** with participation of **40 key stakeholders** among Politicians and Public Administrations, and the attendance of over 300 HCPs.



TOOLS

másnutridos decalogue



Website (www.alianzamasnutridos.com)
More than **5.000 visits** since its launching



Quarterly e-newsletters (12 publications) with articles aimed at health authorities, regional health services, etc., with high rates of reading statistics

Development of **"Handbooks másnutridos"** for different audiences:

- **Nº0: Cost-Effectiveness of nutritional intervention**
- **Nº1: Recommended Nutritional Screening Tools for Hospitals, Nursing Homes and Primary Care yards**
- **Nº2: Recommended Nutritional Intervention to Reach Zero Malnutrition in ourHospitals settings**
- **Nº3: Recommended Nutritional Intervention to reach Zero Malnutrition in Primary Care Centers**



NEXT STEPS

1. Agreement of Collaboration with the Patients Forum
2. On-Going working Group with the Pediatric Gastroenterologists Society
3. Creation of a Quality Certification Norm for the Nutritional Care at the Hospitals
4. Enlargement of the Alliance to new Stakeholders (Oncologists, Nephrologists, Palliative)

