

Fighting the malnutrition battle: THE POWER OF PARTNERSHIPS

To build a compelling case for a national strategy to fight malnutrition

N Rice, J Dowsett, C O'Hanlon

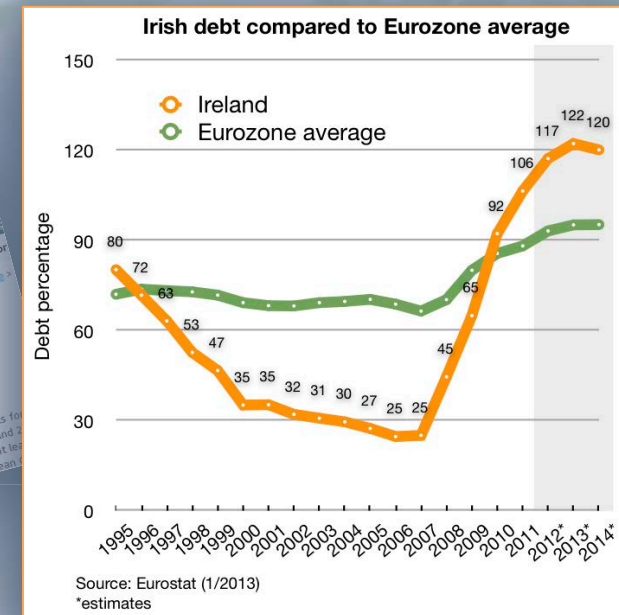


Irish Society for
Clinical Nutrition
& Metabolism



Background

- Debt increased from to >100% GDP
- Unemployment increased by > 350%
- Healthcare Budget Cuts to front line services
- **CUTS OF €3.3BILLION IN 3 YEARS (22%)**



Clinical nutrition targeted for savings

Irish Medical Times

The independent weekly for the Irish doctor since 1967

Sip feeds waste millions

By Gary Cullen
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Centre for Pharmacoeconomics has determined that up to half of the money spent on clinical nutritional products is wasted on prescribed and over-the-counter supplements, the HSE has been told.

The HSE is also undertaking competitive tendering arrangements to determine cost-effective reimbursement prices for agreed non-drug items, where appropriate. The estimated savings are expected to be in the region of €10 million per annum.

It is the HSE's view that only a very small amount of the total cost of the supplement costs is covered by the levels of co-payment for outpatients.

Some savings to be realised in the future.

PHARMACIST NEWS

HSE to target nutritional products in cost saving measures

The HSE is developing new prescription protocols for oral nutritional products and is also proposing changes to the reimbursement prices for non-drug items in an effort to make savings of €10 million.

According to the Department of Health the HSE is developing an information pack for GPs which will include assessment tools and prescribing protocols for a defined group of oral nutritional products (supplements) restricted to defined categories of patient. Some bound prescriptions (maximum two weeks) and needs, monitored every three to six months. By reducing wastage and inappropriate prescribing this measure is expected to result in savings of approximately €7 million per annum.

"The HSE is also undertaking competitive tendering arrangements to determine cost-effective reimbursement prices for a agreed non-drug items, where appropriate. The estimated annual savings are approximately €3 million," the Department stated.

Speaking at the Department of Health Budget press briefing last month, Mr. Hanney said: "In all health systems, the cost and volume of drugs prescribed is leading to serious cost escalation as well as inappropriate prescribing and excessive consumption in some instances. This is an area I will be asking my officials to examine and I hope to bring forward initiatives to both both excessive, inappropriate prescribing and cost escalation, operation of a variety of schemes already being reviewed with the HSE."

"In the context of these efforts, for example there will be new protocols around nutritional prescribing. We have been adding a number of medical reasons, if there is over-prescribing of nutritional products in circumstances where cannot benefit the patient, then the GMS is the second highest prescriber," Mr. Hanney said.

Amendment to Competition Act will not apply to the IPU

The Government is to seek an amendment to the Competition Act to allow it to negotiate with the Irish Medical Organisation (IMO) however, this amendment will not apply to the IPU with pharmacist has learned.

In a statement released following the debate over the issue of free medical cards to the over 70s in last month's budget, the Government announced that it was to "pursue appropriate amendments to Section 46 of the Competition Act to allow it to negotiate with the IMO, however, this amendment will not apply to the IPU with pharmacist has learned."

New group established to secure savings of €64m in state's drug bill

Pharmacoeconomics expert Dr. Michael Barry, has been appointed Chair of a new group charged with developing recommendations for safe and effective prescribing which the Government hopes will provide "significant scope for savings."

This move comes following the recent fall-out from the highly controversial medical cards for the over 70s debate in last month's budget which resulted in the coalition significantly increasing the threshold for medical cards for this age group.

Dr. Michael Barry



new single capitation rate for GP treating the over 70s and "the fact that, in the course of discussion, savings in drug costs, without compromising on patient care," statement reads.

The Government is currently a process of intense engagement with the IMO under the Chairmanship of Dr. Barry.

According to the Coalition, this process aims "to develop recommendations for good practice for which will secure safe and

THE IRISH TIMES

Politics

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HSE managers warned of risks to patients from funding cuts and understaffing

Confidential 'risk register' shows scale of challenges facing health service



Health Minister warns of greater HSE cuts for 2012



than 20 per cent, or €3

€750m in healthcare cuts to hit the most vulnerable

By Fiachra Ó Connaithe and Evelyn Ring

TUESDAY, JANUARY 17, 2012

THE old, the sick and the vulnerable will bear the brunt of HSE plans to cut €750 million from a creaking health system. Despite claims from Health Minister James Reilly that the move means funds will be more effectively targeted, the HSE's national risk register shows that the €750m worth of cutback measures, which mean €2.5 billion has been slashed from the system since January 2010, will hit the most vulnerable.

Society for
Clinical Nutrition
& Metabolism





**Malnutrition
not on the
radar**

**Focus on
preserving
front line
services**



**Nutrition seen
as *'nice to
have'***



IrSPEN launched December 2010

New group established to combat malnutrition



▲ The IrSPEN board members are: (l-r) Dr Eileen Gibney, Ms Julie Dowsett, Ms Janis Morrissey, (l-r, front) Dr Nick Kennedy, Mr John Reynolds, and Ms Niamh Rice

DANIELLE BARRON

A new multi-profession healthcare group has been launched which aims to raise awareness of the enormous hidden cost of malnutrition to the Irish healthcare system, with older people and those with underlying disease or chronic illness at particular risk.

The Irish Society for Parenteral and Enteral Nutrition (ISPEN) will focus on improving the detection and management of all nutritionally at-risk patients in hospitals, residential care or living at home.

The newly incorporated group has been founded with the support of the Irish Society of Gastroenterology (ISG).

Founding partners



The Irish Society of Gastroenterology



- Abbott Nutrition
- Nutricia Medical
- Fresenius Kabi

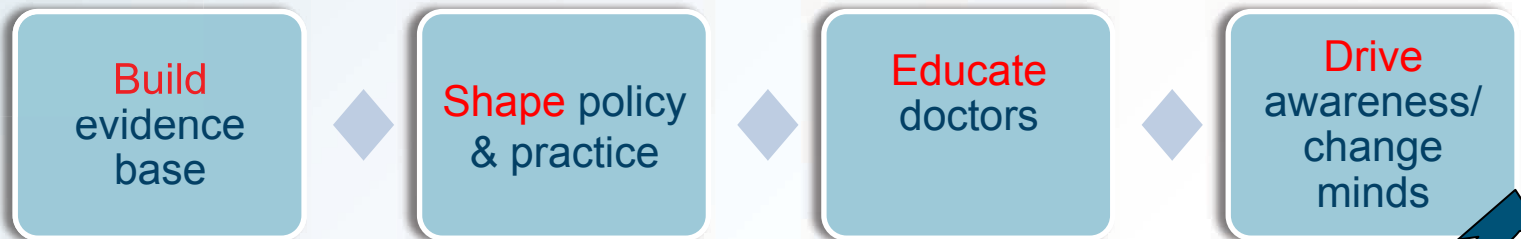


The challenge - how to change the agenda (urgently)



Mission

Integrate good nutritional **care** into medicine and healthcare

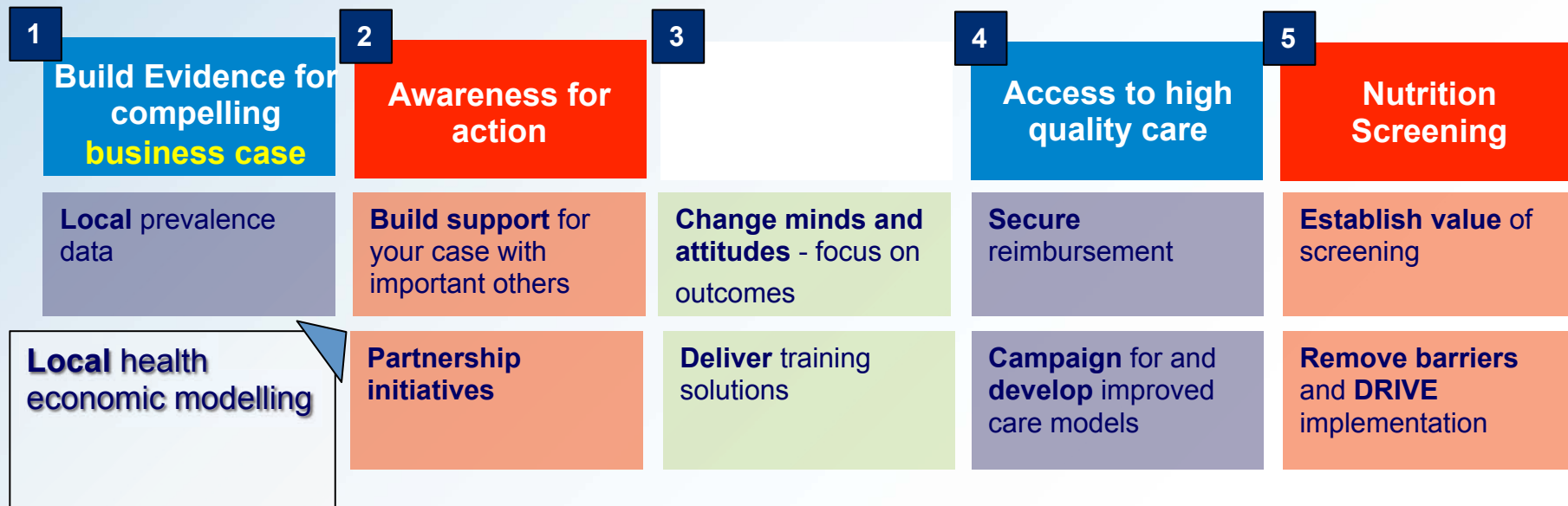


Partnership for effective advocacy



Irish Society for
Clinical Nutrition
& Metabolism

From strategy to action...(delivering solutions)



Plug into media and Government engagement to influence nutrition agenda and strengthen advocacy efforts.



Step1: Build evidence base (with help from friends)

1

Build Evidence for compelling business case

Establish local prevalence data

Establish local 'burden of disease' data

Economic modelling by Elia and Stratton

INDI conducted screening, C Russell of BAPEN support invaluable



Irish Society for Clinical Nutrition & Metabolism

Step2: Drive awareness and generate news (using new data)

2

Drive awareness
and build
support

Build support for
your case with
important others

Plug all activities
into consumer and
medical media

Focus on economic
backdrop to generate
news / drive agenda

Key Opinion
Leaders

Professional bodies

Policy advisors

Patient Advocacy
groups

Health Writers

'Malnutrition costs €1.5bn'

A LEADING expert has claimed malnutrition is a huge public health problem in Ireland — costing more than €1.5 billion a year.

Professor Marinos Ilia from Britain's Institute of Human Nutrition also insisted the current economic climate is "the perfect time for Ireland

€1.5bn being spent on malnutrition

A leading expert believes Ireland needs to formulate a new policy on malnutrition and address its mounting cost

Malnutrition is a global public health problem, and Ireland is no exception. Professor Marinos Ilia, a leading expert in the field, has claimed that malnutrition costs Ireland more than €1.5 billion a year. He also warned that the current economic climate is "the perfect time for Ireland to address this problem".

Ilia, who is Professor of Human Nutrition at the Institute of Human Nutrition, University of Reading, UK, said that malnutrition is a major public health problem in Ireland. He pointed out that malnutrition is a global problem, and Ireland is no exception. He said that malnutrition is a major public health problem in Ireland, and that it costs more than €1.5 billion a year. He also warned that the current economic climate is "the perfect time for Ireland to address this problem".

Ilia said that malnutrition is a global problem, and Ireland is no exception. He said that malnutrition is a major public health problem in Ireland, and that it costs more than €1.5 billion a year. He also warned that the current economic climate is "the perfect time for Ireland to address this problem".

Irish Examiner

Patient malnutrition costing State nearly €1.5bn a year

Tuesday, March 05, 2013 - 07:38 AM

**FOOD SHOCKER ONE
1 IN 4 PATIENTS IN
OUR HOSPITALS
SUFFERING FROM
MALNUTRITION**

€1.5bn

Bill is 10% of health budget

One in four patients in Irish hospitals are suffering from malnutrition, which costs the country €1.5 billion a year, a leading expert has claimed. Professor Marinos Ilia, a leading expert in the field, has claimed that malnutrition costs Ireland more than €1.5 billion a year. He also warned that the current economic climate is "the perfect time for Ireland to address this problem".



irish society for
Clinical Nutrition
& Metabolism

irspen 2013 Conference
Tuesday 17 March (Day 1)
O'Connell Hotel, Ballsbridge

Integrating Nutrition into Medicine and Healthcare – Can we afford not to?

Diets that are high in fat and sugar are a major public health issue that affects over 140,000 Irish hospital and community patients at a cost of €1.5 billion per year – costs that rise from poor quality nutrition, higher healthcare utilisation and a greater need for long-term care for those affected.

- But are we doing enough to identify and address nutritional support at the right patient?
- Can better systems for delivering high quality malnutrition care deliver better outcomes?
- What can we learn from evidence in other countries?

The half day, policy focused seminar will bring together key opinion leaders and experts from Europe and Ireland to debate the clinical and cost issues surrounding malnutrition in a national seminar on malnutrition in both community and hospital settings.

Programme	Health Economics, Policy & Malnutrition
14.00	Chairman Address & Welcome
14.30	Session Chair: Professor Charles Rees, Professor of Surgery, Trinity College Dublin
14.35	Roberta Flanagan
14.45	Economic impact of feeding programmes in a clinical setting: The European Perspective
14.55	High quality malnutrition in Ireland: A challenge to action
15.05	Coffee break
15.10	Integrating high quality nutritional care into clinical practice: A challenge to action
15.20	Economic impact of malnutrition in a clinical setting: The European Perspective
15.30	Chairman's Summary & Conclusions
15.40	Professor Marinos Ilia, Institute of Human Nutrition, University of Reading, UK
15.50	Dr. Michael Duggan, Director of Clinical Nutrition, St. James's Hospital, Dublin
16.00	Panel
16.10	Chairman's Summary & Conclusions
16.20	Professor Marinos Ilia
16.30	Dr. Michael Duggan
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84.50	Professor Marinos Ilia

Step3: Focus on educating doctors and developing future champions

3

Educate to change minds and practice

Nutrition course developed and run with RCPI - first one 10 days before IrSPEN launch

Two IRSPEN major conferences with themes and speakers to attract medics

Alastair Forbes announcing start of LLL in Ireland 2013



IrSPEN Irish Society for Parenteral & Enteral Nutrition		
Basic Nutrition Study Day for SpRs		
14 th November 2012 RCPI		
Registration: 9.00-9.30		
Morning Session Chair: Carmel O'Meara and Dr. Orla Crowley		
Topic	Speakers	
9.30-10.00	Opening & Objectives	Carmel O'Meara
10.00-10.30	Diagnosis: Malnutrition what is it? nutritional screening and assessment	Dr. Cheryl Gassett
10.30-11.00	Fluid and electrolyte problems	Dr. Michael Cronin
11.00-11.30	Estimating requirements: carbohydrates	Carmel O'Meara
11.30-11.45	Coffee break	
11.45-12.00	Impact of nutrition on patient outcomes	Norreen Keenan
12.00-12.30	Review of enteral feeding: indications, procedures and practicalities associated with PEG/PEJ tubes	Dr. Orla Crowley
12.30-12.45	Parenteral nutrition	Norreen Keenan
12.45-13.00	Cover and Lunch	
Afternoon Session: Chair: Dr. Declan Byrne		
13.30-13.45	Opening & Objectives	Dr. Declan Byrne
13.45-14.00	Orally and nutrition	Dr. Laura Healy
14.00-14.15	Risk management: Malnutrition syndromes	Carmel O'Meara
14.15-14.30	Ethical dilemmas in nutritional support	Dr. Declan Byrne
14.30-14.45	Talk: NICE guidelines and NICE tools	Dr. Declan Byrne

IrSPEN Irish Society for Parenteral & Enteral Nutrition	
ISPN Basic Nutrition Support Study Day for Gastroenterology SpRs 7 th January 2011	
programme is a mandatory requirement for RCP in Gastroenterology and this is a recognised activity for the Parenteral Nutrition, Diet and Endocrinology	
IrSPEN Irish Society for Parenteral & Enteral Nutrition	
Nutrition Study Day for SpRs 16 th September 2011 RCPI	
IrSPEN Irish Society for Parenteral & Enteral Nutrition	
ISPN Nutrition Support Study Day for NCHDs RCPI Wednesday 29 th April 2012	
IrSPEN Irish Society for Parenteral & Enteral Nutrition	
Basic Nutrition Study Day for SpRs 14 th November 2012 RCPI	

IrSPEN Irish Society for Parenteral & Enteral Nutrition

ISPN 2011 Inaugural Annual Conference
Disease and nutrition: muscle matters

IrSPEN Irish Society for Clinical Nutrition & Metabolism

Integrating Nutrition into Medicine and Healthcare
5-6 MARCH | Clyde Court Hotel, Dublin 4

IrSPEN will host its second annual conference on Tuesday, 5th & Wednesday, 6th March 2013 in the Clyde Court Hotel (previously Berkeley Court).

Major themes include:

- Nutritional strategies for improved recovery in surgery
- Appetite control in obesity and bariatric surgery
- Health economics and nutrition within our healthcare system
- Microbiota in gut health and disease
- Nutrition training for Medics: access to ESPEN Life Long Learning (LLL)

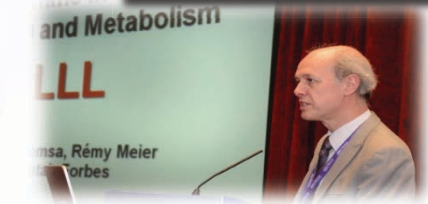
Keynote speakers include:

- Professor Alan Fearon, Edinburgh
- Professor Ole Ljungqvist, Sweden
- Professor Camille Bousquet, UCD
- Professor Paul O'Toole, UCC
- Dr Michael Choudhury, Greece

2 CME credits for day 1
3 CME credits for day 2

The conference will be of particular interest to Hospital Doctors/Surgeons, Gastroenterologists, Dietitians, Nutritionists, Nurses, Researchers, General Practitioners and Health economists.

For online registration & further information go to www.irspen.ie



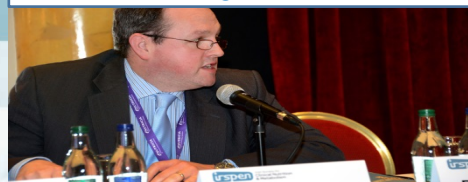
IrSPEN 2013 Conference & Policy Seminar March 5th/6th

irspen
Irish Society for
Clinical Nutrition
& Metabolism

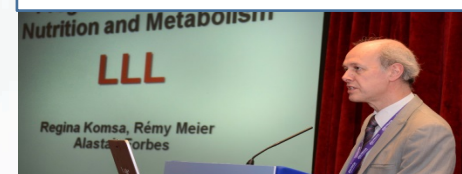
Internationally renowned speakers
attracting wider audiences



Developing new KOLs within
IrSPEN



Education: Launch of LLL



Policy & Health Economics:
Commitment to support 'call to
action'



Making connections: collaborations
on future projects



Metabolism/obesity: broadening
interest for clinicians



y for
Nutrition
olism



Step 4: Shaping policy for equal access to high quality nutritional care

4

Access to high quality care

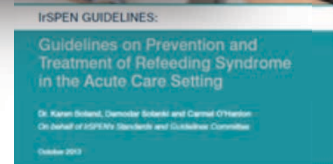
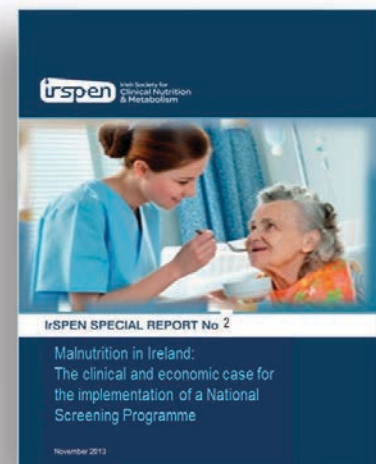
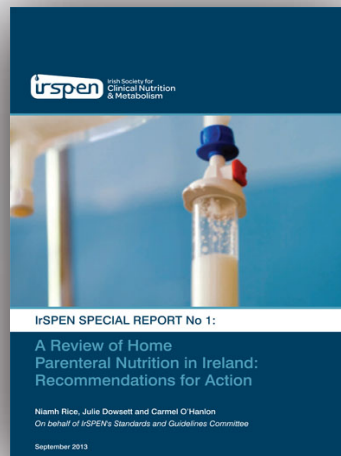
ONS reimbursement support activities

Focus on areas of risk with expert reports and guidelines

Launch of major report later this year in conjunction with cost report*



Active Engagement with Minister's office and HSE and submissions to expert advisors.



irspen Irish Society for Clinical Nutrition & Metabolism



Step 5: Nutrition Screening as key to effective nutritional care model

4

Nutritional Screening

Economic modelling developed / presented March 2013 IrSPEN conference

Savings demonstrated – meetings with Junior Health Minister and advisors April 2013

Joint Call to Action under EU presidency May 2013

Implementation of a National Screening Programme and nutritional care standards Ireland: **COSTING MODEL**

Column1	Unit cost 2012	Annual saving per patient	No. of additional patients treated that will benefit	Cost saving €000
Reduced inpatient length of stay	834	2.3	10222.2	19428
Reduced GP visits	50	1.3	2911	1391
Reduced outpatient attendances	139	0.336	2911	137
Reduced admissions	6.422	0.227	2911	428
Total potential annual saving				34234
Total potential annual saving per 100 000 adults				770
Bed day savings in total				28432

Assumptions:

1. 1435 is 20% of additional GP / GPO patients treated and 40% of nursing home patients treated with CHG (based on NICE data)
2. 2941 uses same formula, but is based on difference between current level of appropriate CHG prescriptions and future prescriptions.

SUMMARY COSTING NO PRICE CUTS / PREVALENCE REDUCED / SCREENING COSTS / NUTRITION COSTS



Net savings of
€19million per year
and over **28,600**
inpatient bed days
per year (1.5%)
based on adapted
NICE model



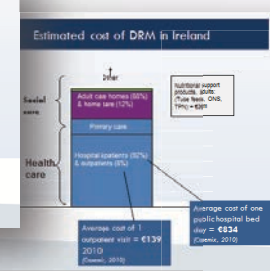
Results – From Evidence-base to business case



Costs of disease related malnutrition are substantial

The cost associated with disease-related malnutrition in Ireland is substantial. This study aimed to estimate the cost of disease-related malnutrition in Ireland. The study was a cross-sectional survey of 1,000 patients in Ireland. The results show that the cost of disease-related malnutrition in Ireland is substantial, with a total cost of €1.42bn. This cost is equivalent to 1.1% of the total annual healthcare budget.

Total costs in ROI: €1.42bn
1.1% of total annual healthcare budget

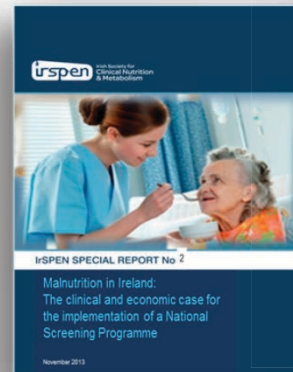
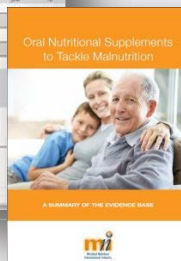


- **ONS reimbursement decision reversed - review system agreed November 2012**

Implementation of a National Screening Programme and nutritional care standards in Ireland

COSTING MODEL

Activity	Frequency	Cost per patient	Total cost
1. Patient screening	1000	€1.50	€1500.00
2. Nutritional assessment	1000	€1.50	€1500.00
3. Nutritional intervention	1000	€1.50	€1500.00
4. Total cost			€4500.00



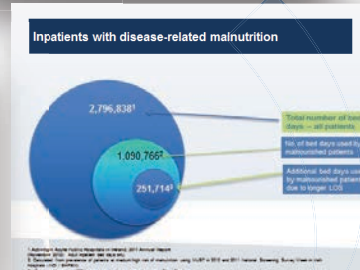
Full implementation could be paid for by savings anticipated from NS price cuts AND deliver additional savings

Activity	Frequency	Cost per patient	Total cost
1. Screening for malnutrition	1000	€1.50	€1500.00
2. Nutritional assessment of malnourished	1000	€1.50	€1500.00
3. Nutritional intervention	1000	€1.50	€1500.00
4. Total cost			€4500.00

Included in the costing:

- 54,000 to 89,500 man hours for screening (up to 60 WTEs)
- 27 WTE dietitians for assessment/follow up
- 9% increased volume of ONS / ETF
- 2 hours training for HCPs involved in screening

28,652 acute bed days saved (1%)



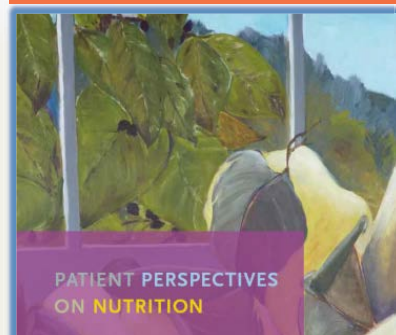
Results – **Advocacy efforts amplified through partnerships**

Joint meeting with ENHA, EGAN and local partners under Irish EU Presidency – May 24th

- Established **‘Malnutrition Alliance’** with **patient organisations** and **INDI**
- Launched ‘call to action’ with alliance support at collaborative meeting



Launch of key initiatives



- Agreement ‘in principle’** by DoH chiefs to extend mandatory screening to hospitals
- Active engagement with policy makers** and influencers



Result - Driving Awareness and changing the agenda (2013 coverage)

- National TV, radio and press coverage of IrSPEN policy seminar March and May call to action.
- **3,690,244 opportunities to view/ see / hear** Malnutrition partners now echoing messages

Malnutrition
RTE1 | Morning Edition | 05 Mar 2013 | 0:00
...The Cost of **malnutrition** in Ireland is rising, especially in old people. ...Niamh Rice ...

PLAY
Treating malnutrition cost more than treating obesity and overweight
9PM | 13:00 News | 05 Mar 2013 | 0:39
...Denise Rice, consultant Treating **people who don't eat a balanced diet** cost tax pay...

PLAY
Treating people who don't eat a balanced diet more costly than treating obese people
9PM | 10:00 News | 05 Mar 2013 | 0:36
...came conference is taking place in the city has heard **malnutrition** costs taxpayers almost €1.5bn every year.

PLAY
Malnutrition costs the state 1.4 billion euro a year
Northern Sound | 13:00 News | 05 Mar 2013 | 0:45
...**Malnutrition** is costing the state 1.4 billion euro a year. ...**Malnutrition** is costing the state 1.4 billion euMaln...

PLAY
Malnutrition costs the state €1.42bn a year
Q102 | 11:00 News | 05 Mar 2013 | 0:15
...**Malnutrition** is costing the state 1.42 billion euro a year. 10% ...Irish Society for Clinical Nutrition and **Malnutrition** is costing the state 1.42...

PLAY
Malnutrition costs the state 1.4 billion euro a year
Red FM | 13:00 News | 05 Mar 2013 | 1:32
...**Malnutrition** is costing the state 1.4 billion euro a year. ...Niamh Rice, nutritionist Europe
Malnutrition is costing the state 1.4 billion euMaln...

Irish Medical Times vsg Use your health skills to help us fight poverty

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Intensive Care
Laboratory
Medical Law
Nephrology
Oncology
Paediatrics and Geriatrics
Pharmacology

Nutritional care still overlooked
May 10, 2013 By Louise O'Sullivan | LEAVE A COMMENT
By Louise O'Sullivan
As medical care evolves, our healthcare system must ensure that patients are not only treated but also that they are healthy. Patients need to be healthy to be able to take full advantage of the services they are offered.

Health bosses warned over malnutrition
BAD DIET RISKS EARLY DEATH

€1.42bn
The cost of malnutrition in Ireland is rising, especially in old people. ...Niamh Rice ...

It has been claimed that the health system is losing out on a massive €1.42bn a year by not treating malnutrition properly. The conference, which was held in Dublin, heard that malnutrition is costing the state 1.42 billion euro a year. 10% of the population are malnourished, and the cost of treating them is €1.42bn a year. The conference was held in Dublin, and the cost of treating them is €1.42bn a year. The conference was held in Dublin, and the cost of treating them is €1.42bn a year.

Irish Examiner
Patient malnutrition costing State nearly €1.5bn a year
Tuesday, March 05, 2013 - 07:38 AM

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Morning EDITION

RTE

A woman in a green dress is standing in front of a screen displaying the Morning Edition logo.

Medical Independent

SPRING BAN (HOLIDAY SALE)
Save up to €100 off select LifeVacuum Pro Dark
Starting Wednesday, 27th March 2013

Call on government to prevent malnutrition in Irish healthcare system

Dr. [Name] is a consultant in the [Department] at the [Hospital]. He has been involved in the management of malnutrition in the Irish healthcare system for many years. He is a member of the Irish Society for Clinical Nutrition and Malnutrition (ISCNM) and has been involved in the development of the Irish Malnutrition Guidelines.

Dossier is damning

A DOSSIER yesterday painted a disturbing picture of malnourished patients in our hospitals. Despite a massive State spend, 140,000 people are still at risk because they are not getting the proper nutrients. They are, it is claimed, three times more likely to die from the same illness as properly nourished patients. Just one-in-10 hospitals are screening for malnutrition, and with the plethora of other life-threatening problems encountered by hospitals, patient safety should be a priority at all times and special attention must be given to those at risk.



Results: Nutrition Education now mandatory for key groups

1. 4 training courses delivered for SpR programme and NHCDs.
2. Nutrition training now compulsory for Gastro SpRs – to be extended
3. Formal agreement signed (2013) with RCSI for collaboration on nutrition training in post graduate medical education
4. Discussions opened with Royal college of Surgeons (RCSI) with significant interest.
5. LLL launched at IrSPEN 2013 conference – live module late this year.



What have we learned?

Power of partnership



What have we learned

..it's people that make the difference



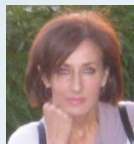
Prof. John Reynolds



Julie Dowsett



Dr. Declan Byrne



Niamh Rice



Dr. Eileen Gibney



Fiona Rafferty



Dr. Orla Crosbie



Philomena Flood



Carmel O Hanlon



Dr. Nick Kennedy

