



Awareness, perception and practices of cancer-related malnutrition among junior doctors

**EMPOWERING JUNIOR MEDICAL ONCOLOGY CLINICIANS
ON
CANCER-RELATED MALNUTRITION**

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Italian Society of Clinical Nutrition and Metabolism (SINPE)



Before I begin my presentation, I wish to thank:

- MNI**
- ESPEN**
- SINPE**
- Prof. Michela Zanetti (SINPE President)**
- Prof. Federico Bozzetti (ESPEN faculty member)**

Malnutrition is a frequent comorbidity cancer patients

Main leading causes:

- changes associated with the tumor
- patient physical and psychological reaction
- side effects of anticancer treatments



Despite its importance and frequency, **malnutrition is generally overlooked by the medical oncological class**

Nutrition 32 (2016) 1028–1032



Contents lists available at [ScienceDirect](#)

Nutrition

journal homepage: www.nutritionjrn1.com



Brief report

**Awareness and consideration of malnutrition among oncologists:
Insights from an exploratory survey**



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Survey conducted in 2015 by the Italian Association of Medical Oncology (AIOM) and SINPE:

- only 135 AIOM members (5.7%) completed the questionnaire
- answers to questions revealed that nutritional assessment is generally carried out at patient request, or not at all



Objectives and scope

Using a multiple answer questionnaire, the project aims to evaluate the awareness of junior medical oncologists about sarcopenia and cachexia frequency in oncologic patients and the role they play in influencing patient outcome and therapeutical approaches.



The action plan includes the following steps:

- 1) **structured online** survey
- 2) data collection and analysis
- 3) theoretical and practical **clinical nutrition courses** for junior oncologists



Future perspectives

Extension of this innovative educational project to other clinical specialties in Italy and Europe





SINPE

Società Italiana di Nutrizione Artificiale e Metabolismo
Membro della Federazione delle Società Italiane di Nutrizione (FeSIN)

