



#### Awareness, perception and practices of cancer-related malnutrition among junior doctors

### EMPOWERING JUNIOR MEDICAL ONCOLOGY CLINICIANS ON CANCER-RELATED MALNUTRITION

### Lidia Santarpia, Michela Zanetti, Federico Bozzetti

Italian Society of Clinical Nutrition and Metabolism (SINPE)





# Before I begin my presentation, I wish to thank:

- MNI
- ESPEN
- SINPE
- Prof. Michela Zanetti (SINPE President)
- Prof. Federico Bozzetti (ESPEN faculty member)



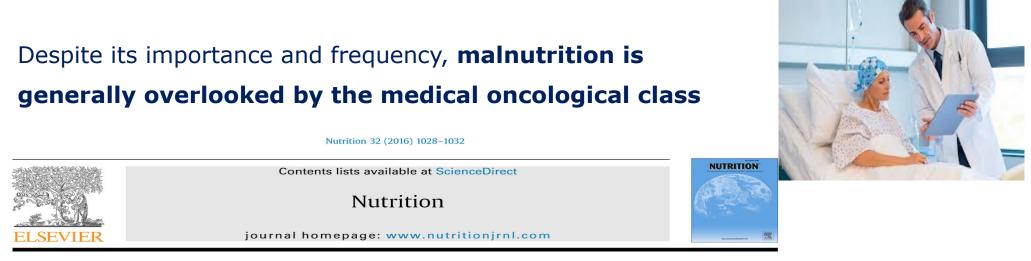


### Malnutrition is a frequent comorbidity cancer patients

## Main leading causes:

- changes associated with the tumor
- patient physical and psychological reaction
- side effects of anticancer treatments





Brief report

Awareness and consideration of malnutrition among oncologists: Insights from an exploratory survey



Riccardo Caccialanza M.D.<sup>a</sup>, Emanuele Cereda M.D., Ph.D.<sup>a</sup>, Carmine Pinto M.D.<sup>b</sup>,

Survey conducted in 2015 by the Italian Association of Medical Oncology (AIOM) and SINPE:

- only 135 AIOM members (5.7%) completed the questionnaire
- answers to questions revealed that nutritional assessment is generally carried out at patient request, or not at all

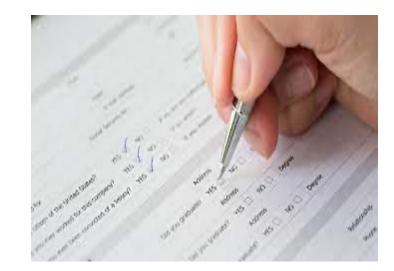




#### **Objectives and scope**

Using a multiple answer questionnaire, the project aims to evaluate the awareness of junior medical oncologists about sarcopenia and cachexia frequency in oncologic patients and the role they play in influencing patient outcome and therapeutical approaches.









### The action plan includes the following steps:

1) **structured online** survey

2) data collection and analysis



3) theoretical and practical **clinical nutrition courses for** junior oncologists







Extension of this innovative educational project to other clinical specialties in Italy and Europe



