



NUTRITION AND **METABOLISM** 



# **MNI GRANT AWARD CEREMONY**



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### Manuela Schaflechner

MNI was founded in 2005 to bring together companies specialised in medical nutrition.

Together we are dedicated to advancing better care through better nutrition

Full members:













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"Empowering junior medical oncology clinicians on cancer-related malnutrition" - Awareness, perception and practices of cancer-related malnutrition among junior doctors

Project led by **Dr. Lidia Santarpia** and the Italian Society of Clinical Nutrition and Metabolism (SINPE)





Awareness, perception and practices of cancer-related malnutrition among junior doctors

# EMPOWERING JUNIOR MEDICAL ONCOLOGY CLINICIANS ON CANCER-RELATED MALNUTRITION

Lidia Santarpia, Michela Zanetti, Federico Bozzetti
Italian Society of Clinical Nutrition and Metabolism (SINPE)





### Before I begin my presentation, I wish to thank:

- MNI
- ESPEN
- SINPE
- Prof. Michela Zanetti (SINPE President)
- Prof. Federico Bozzetti (ESPEN faculty member)





#### Malnutrition is a frequent comorbidity cancer patients

#### **Main leading causes:**

- changes associated with the tumor
- patient physical and psychological reaction
- side effects of anticancer treatments





# Despite its importance and frequency, malnutrition is generally overlooked by the medical oncological class

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#### Nutrition

journal homepage: www.nutritionjrnl.com



Brief report

Awareness and consideration of malnutrition among oncologists: Insights from an exploratory survey



Riccardo Caccialanza M.D. a, Emanuele Cereda M.D., Ph.D. a, Carmine Pinto M.D. b,

Survey conducted in 2015 by the Italian Association of Medical Oncology (AIOM) and SINPE:

- only 135 AIOM members (5.7%) completed the questionnaire
- answers to questions revealed that nutritional assessment is generally carried out at patient request, or not at all





#### **Objectives and scope**

Using a multiple answer questionnaire, the project aims to evaluate the awareness of junior medical oncologists about sarcopenia and cachexia frequency in oncologic patients and the role they play in influencing patient outcome and therapeutical approaches.









#### The action plan includes the following steps:

- 1) **structured online** survey
- 2) data collection and analysis



3) theoretical and practical clinical nutrition courses for junior oncologists





# Future perspectives

Extension of this innovative educational project to other clinical specialties in Italy and Europe









#### **CLOSING REMARKS**



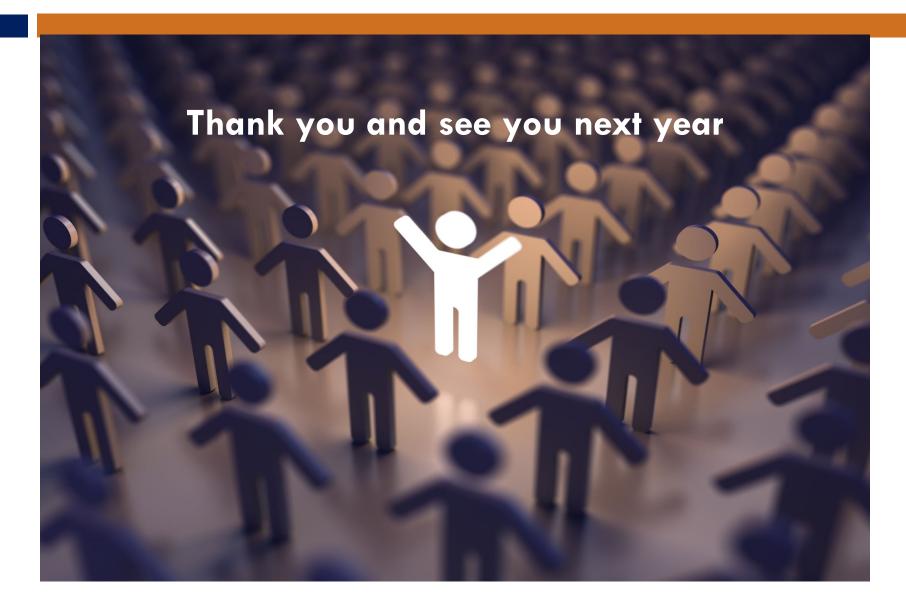
#### Catherine Hartmann - MNI Executive Director

Don't forget to apply for next's year grant — criteria:

Your project must be endorsed by a **PEN society** and must focus on **quantifiable advancements in one or more of the following areas** of clinical nutrition:

- 1. Evidence of improved patient outcomes
- 2. Effective screening and treatment pathways
- 3. Reduction in prevalence of malnutrition risk
- 4. Demonstration of health economic benefits
- 5. Progressive collaborations with multidisciplinary stakeholders including patients and carers
- 6. Education of medical students / healthcare professionals
- 7. Strategies to implement and advance nutritional care in clinical practice







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